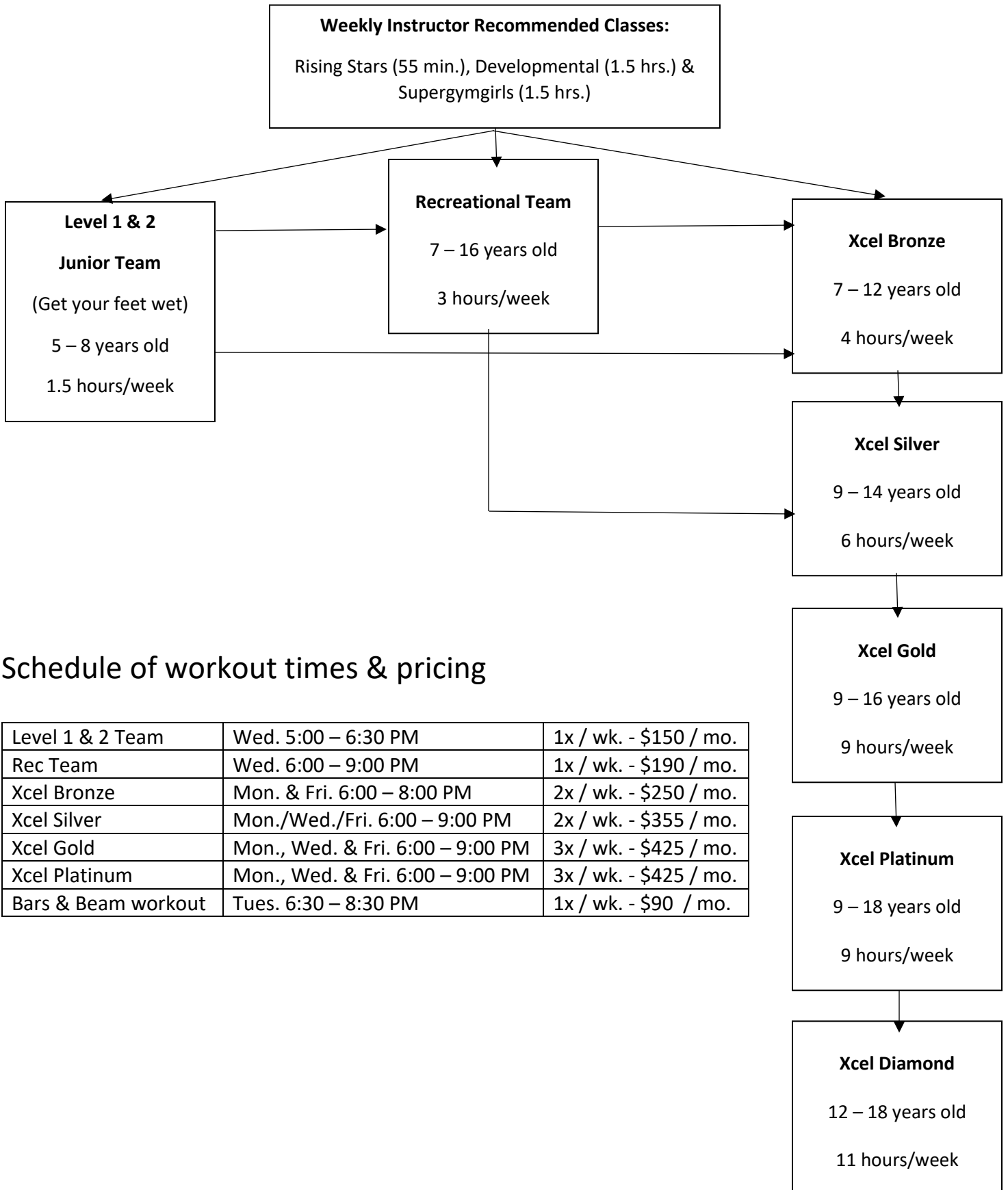


# Planet Gymnastics Team Workouts & Progressions

## 2018-2019



### Schedule of workout times & pricing

Level 1 & 2 Team	Wed. 5:00 – 6:30 PM	1x / wk. - \$150 / mo.
Rec Team	Wed. 6:00 – 9:00 PM	1x / wk. - \$190 / mo.
Xcel Bronze	Mon. & Fri. 6:00 – 8:00 PM	2x / wk. - \$250 / mo.
Xcel Silver	Mon./Wed./Fri. 6:00 – 9:00 PM	2x / wk. - \$355 / mo.
Xcel Gold	Mon., Wed. & Fri. 6:00 – 9:00 PM	3x / wk. - \$425 / mo.
Xcel Platinum	Mon., Wed. & Fri. 6:00 – 9:00 PM	3x / wk. - \$425 / mo.
Bars & Beam workout	Tues. 6:30 – 8:30 PM	1x / wk. - \$90 / mo.