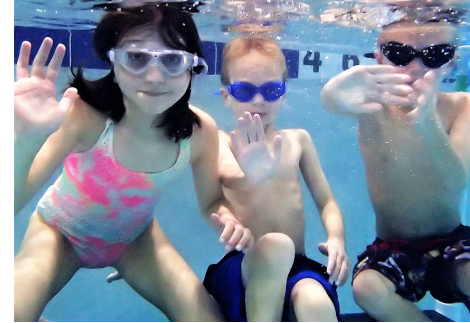




Swim & Gym



"Exercising your body & mind in our fun-filled & unique day program."



SUMMER DAY PROGRAM

PROGRAM OPTIONS

Full Day: 8am-4pm

Half Day Morning: 8am-12pm

Half Day Afternoon: 12pm-4pm

Extended Day: 4pm-6pm



Monkeys

3 years +



Spend the day exclusively flipping and swinging around the gym.



Penguins

4 years +



Spend the day both flipping in the gym and splashing in the pool.

DAILY PROGRAM HIGHLIGHTS

- Flexible schedule options
- Gymnastics lesson
- Swim & water safety lesson
- Active exploration & guided discovery in the gym & pool
- Special interest learning with Planet Ninja & Planet Yoga

Also included...

- STEM inspired learning activity
- Arts and crafts project
- Snacks provided
- Convenient curbside drop off

What is Swim & Gym?

This program was carefully designed to provide children with an active day of learning, fun and games! Our swim lessons focus on teaching the basics of breath control, buoyancy, balance, movement and safety. Our gym lessons focus on teaching strength, flexibility, coordination and creative movements. A variety of games, activities and challenges will keep the children active, engaged and excited throughout the entire day. Our superb staff is energetic, caring and committed to creating a wonderful experience for every child. Program registration is easy and ongoing. Advanced registration is highly suggested but last minute enrollment may be accommodated.

Presented by

Planet Gymnastics

&

Little FLIPPERS



7 Strathmore Rd, Natick, MA
508.647.1777

REGISTER TODAY

www.planetgym.com

Visit our website or the front desk for pricing and package information!