



Planet Ninja Warrior is an obstacle course conditioning program inspired from free-running, gymnastics, track and field, and breakdancing. The program includes:

- Ninja Skills Training (flips, climbs, vaults, swings, and jumps) to increase all-around physical fitness
- Gymnastics Tumbling to enhance body coordination
- Obstacle Courses for strength and agility

The overall mission is to move through an environment with fluidity, prowess, and stealth using combinations of Ninja Skills.

Classes are offered on Saturdays biweekly to boys and girls ages 5 to 14.

**Fall 2017 class dates:**

9/16, 9/30, 10/14, 10/28, 11/11, 11/25, 12/9, 12/23, 1/6, 1/20

<b>CLASS NAME</b> (Age)	<b>Saturday</b>
<b>Ninja Stars</b> (5-7 yrs) 1 hour	1:45
<b>Ninja Warriors</b> (6-12 yrs) 1 hour	2:45
<b>Extreme Ninja Warriors</b> (7-14 yrs) 1.5 hours	4:00
<b>Extreme Ninja Warriors</b> (7-14 yrs) 1.5 hours	5:30
<b>Ninja Warrior Mastery</b> (7-14 yrs) 1.5 hours <i>Instructor Recommended</i>	7:00

**All classes are a 10-week commitment**

ANNUAL REGISTRATION FEE: \$35.00 per child is due with the first registration of the calendar year and automatically charged annually.

CLASS TUITION FEE AND PAYMENTS: All ninja class tuitions are set as pay in full. The 1 hour class is \$200 and the 1.5 hour class is \$250. Tuition is due the first day of the session and the card on file will be charged. No early cancellations or exceptions. **We pro-rate tuition- start at any time during the session.**

100% MONEY BACK GUARANTEE: If at any time during the first month (2 classes), from date of enrollment and regardless of absences, you are not completely satisfied with our program; we will refund your tuition 100%. Refund only applies to **BRAND NEW** students to Planet Gymnastics. After the 4-week money back period there will be no refunds or credits.

**REGISTER ONLINE AT [WWW.PLANETGYM.COM](http://WWW.PLANETGYM.COM) or call at (508) 647-1777**

DISCOUNTS, REFUNDS, MAKE-UPS: 10% discount for additional classes within the same session, 20% sibling discount and a 50% twin discount. There will be no refunds or credits for missed classes unless due to serious illness. Make-ups are offered on a space available basis.



## NINJA STARS

Ninja Stars offers our youngest ninjas challenging obstacles specifically designed for children ages 5 to 7. Throughout the session, our five disciplines are introduced: Vaulting, Jumping, Climbing, Swinging, and Tumbling. Ninjas will use creativity and problem-solving skills to conquer obstacle courses. Our goal is for ninjas to build a strong foundation of primary skills from each discipline to prepare them for the next level. Your child will become a ninja warrior!

## NINJA WARRIORS

Ninja Warriors is a fundamentals class for ages 6 to 12. This class focuses on developing well-rounded skillsets. Ninjas will begin to build their Ninja Arsenals, which are their own ongoing lists of skills that they have personally achieved. As their Ninja Arsenals increase, they will conquer obstacles using combinations of mastered skills.

## EXTREME NINJA WARRIORS

Extreme Ninja Warriors is an advanced-level class for ages 7 to 14. This class accelerates ninjas who are ready to defeat more challenging obstacles! Ninjas will add variety to their Ninja Arsenals using new styles of existing skills. Flips, jumps, and spins will be integrated into skill combinations. This will allow them to create their own obstacle courses out of their Ninja Arsenals. Ninjas will start connecting skills with mind-blowing fluidity!

## NINJA WARRIOR MASTERY

Ninja Warrior Mastery is an instructor-recommended class for ages 7 to 14. Ninjas may create their own skills video portfolios throughout the session as their Arsenal Skills are gradually documented on video. They will literally watch their improvement over time!

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Each class, ninjas will have opportunities to edit and add more skills to their personal skills video portfolios. The main goal is to give ninjas a fun way to display their abilities using a modern approach in technology.

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